

**HIS HAWAII**

Phone: +1-808-922-2211

Website: hishawaii.netE-mail: hnl.outbound@his-world.com

Ala Moana Center, Suite 1206

First floor, near main food court and Center Stage

Tour Name: *World Heritage Autumn Tour 2023*

Full Package Flight Schedule:

Date	Airline	Flight#	Departure	Arrival
November 10, 2023	Japan Airlines	793	1:55 pm	5:55 pm on Nov 11
November 20, 2023	Japan Airlines	72	9:55 pm	9:55 am

Emergency Contacts:

Tour Guide: JINNO/Kiyoshi Mr.

Cell: 090-1831-9483

HIS Kansai: TANAKA/Miho Ms.

Cell: 080-9426-3363

Office: 050-1745-1444

Address: Mainichi Intecio 16F 3-4-5 Umeda, Kita-ku

Osaka, JAPAN, 530-8215

Your Travel Agent:

H.I.S. HAWAII HONOLULU OFFICE

In-charge: ARASAKI / MORIYUKI MR and ALLEN / DANIEL MR

Ala Moana Center, Suite 1206, first floor near Center Stage

Office: 808-922-2211

Business hours: 10:00am - 7:00pm, every day

Friday, November 10, 2023

Honolulu Airport

11:00am Meet HIS staff at the check-in counter of Japan Airlines. Please see the included map (last page).

1:55pm Depart Honolulu to Nagoya on JL 793.

Only 2 checked bags (under 50lb/bag) per person are permitted. Excess baggage will require additional payment at the airport.

Saturday, November 11, 2023

Chubu Centrair International Airport, Nagoya

5:55pm Arrive at Chubu Airport (Nagoya)

Go through immigration/customs, meet local guide & bus

7:30pm Depart from Nagoya Airport

8:30pm Pick up meet-in-Japan customers from hotel

8:45pm Dinner at local restaurant (Nagoya specialty food course)

9:45pm Return to hotel, rest up!

Hotel: Nagoya Kanko Hotel

Website: <https://www.nagoyakankohotel.co.jp/en/>

Address: 1-19-30, Nishiki

Naka-ku, Nagoya 460-8608

Phone: 052-231-7711

Sunday, November 12, 2023

Nagoya and surroundings

Breakfast at hotel restaurant

9:30am Depart hotel

10:00am Nagoya Castle sightseeing

11:00am Free time at Kinshachi Yokocho market

Choose lunch on your own around Kinschachi Yokocho

1:00pm Depart for Atsuta Jingu Shrine

2:00pm Head to Gozaisho Ropeway for autumn colors

4:30pm To Nabana no Sato flower theme park

Nabana no Sato is a flower garden with gorgeous illumination

6:30pm Head to local restaurant for dinner (Wagyu shabu shabu)

8:30pm Return to hotel, rest for tomorrow!

Hotel: Nagoya Kanko Hotel

Website: <https://www.nagoyakankohotel.co.jp/en/>

Address: 1-19-30, Nishiki

Naka-ku, Nagoya 460-8608

Phone: 052-231-7711

Monday, November 13, 2023

Korankei, Obara Shiki Sakura, Gero Onsen

Breakfast at hotel restaurant

7:30am Depart hotel

9:00am Korankei and Sanshu Asuke Old House sightseeing

10:45am Obara Shiki - sakura and autumn colors together!

12:00pm Lunch at Restaurant Kanto (Unagi and wild yam set)

1:00pm Leave for Iwamura Castle

2:00pm Strolling around Iwamura Castle Town

3:45pm Magome Juku, part of the historical Nakasendo Road

6:00pm Arrive at Gero Onsen, check in to hotel

7:00pm Deluxe Hida Beef Kaiseki dinner at hotel

Rest at hotel and enjoy onsen!

Hotel: Hotel Kusakabe Armeria (onsen hotel)

Website: <https://www.armeria.co.jp/f/e/>

Address: 1811 Koden

Gero-shi, Gifu, 509-2206

Phone: 0576-24-2020

Tuesday, November 14, 2023

Takayama, Shirakawago, Unazuki Onsen

Breakfast at hotel restaurant

8:15am Depart hotel, heading toward Takayama City

9:30am Miyagawa Morning Market shopping and Takayama Shrine

12:00pm Lunch at local restaurant (Gifu regional set menu)

1:00pm Shirakawago Observatory deck

1:30pm Shirakawago Village sightseeing (UNESCO World Heritage)

Shirakawago Village is the foremost example of gassho-zukuri traditional building techniques remaining in Japan

4:00pm Shopping at Nosaku Foundry (specialty metalworks)

6:00pm Arrive at hotel and enjoy onsen

7:00pm Deluxe buffet dinner at hotel

Hotel: Yamanoha (onsen hotel)

Website: <https://yamanoha.orixhotelsandresorts.com/>

Address: 352-7 Unazuki Onsen

Kurobe-shi, Toyama 938-0282

Phone: 0765-62-1311



World Heritage Autumn Tour 2023

Customer Itinerary

Wednesday, November 15, 2023

Kurobe Valley to Nagano

Breakfast at hotel restaurant

8:45am Depart hotel

9:00am Arrive at Unazuki Station

9:20am Ride special Kurobe Valley Torocco sightseeing Train

10:40am Sightseeing around Keyakidaira Station & Kurobe Gorge

12:10pm Lunch at local restaurant (Nagano regional set menu)

1:10pm Ride sightseeing train back to Unazuki, head to Nagano

3:00pm Apple picking at local orchard

3:45pm Continue on toward Nagano City

6:00pm Dinner at local restaurant (yakiniiku course)

8:00pm Arrive at hotel, rest

Hotel: Hotel JAL City Nagano

Website: <https://www.nagano.jalcity.co.jp/>

Address: 1221 Toigosho Town

Nagano City, Nagano 380-0834

Phone: 026-225-1131

Thursday, November 16, 2023

Nagano to Fuji Five Lakes

Breakfast at hotel restaurant

8:00am Depart hotel

9:00am Daio Wasabi Farm shopping & sightseeing

10:15am Miso Factory and Miso Soup tasting

12:15pm Soba-making experience and lunch (soba + tempura)

2:15pm Head toward Mt. Fuji area

3:00pm Winery tour and wine tasting in Koshu Valley region

6:00pm Arrive at hotel and relax, enjoy onsen!

7:00pm Deluxe kaiseki dinner at hotel

Lake Kawaguchi and the Fuji Five Lakes region is one of the best areas for views of Mt. Fuji. Try a morning walk by the lake!

Hotel: Hoshino Resort Aomoriya (onsen hotel)

Website: <https://yamagisi.jp/index.html>

Address: 4030-1 Funatsu, Fujikawaguchiko

Minamitsuru District, Yamanashi 401-0301

Phone: 0555-72-2218

Friday, November 17, 2023

Hakone area

Breakfast at hotel restaurant

9:00am Narusawa Ice Cave

10:00am Oshino Hakkai eight ponds sightseeing

12:00pm Lunch at local restaurant (Yamanashi regional set menu)

2:20pm Arrive at Lake Ashi, "pirate ship" boat cruise on the lake

3:00pm Owakudani sightseeing and ropeway ride

5:00pm Check in to hotel, relax, enjoy onsen!

6:00pm Deluxe kaiseki dinner at hotel

Hakone is the other main region with views of Mt. Fuji. If the weather cooperates, have your camera ready!

Hotel: Ichi no Yu

Website: <https://www.ichinoyu.co.jp/facilities/shinanoki/>

Address: 940-2 Sengokuhara, Hakone,

Ashigarashimo-gun, Kanagawa 250-0631

Phone: 0460-85-5331

Saturday, November 18, 2023

Fuji Five Lakes to Tokyo

Breakfast at hotel restaurant

8:15am Depart hotel

10:00am Arrive in Kamakura, Kotokuin Temple and Great Buddha

11:00am Head toward Yokohama, Yokohama sightseeing

1:00pm Lunch at local restaurant in Yokohama Chinatown

3:00pm Edo Kiriko glass crafts experience

4:30pm Head to Tokyo, Asakusa sightseeing

6:30pm Arrive at hotel, check in

7:00pm Special farewell dinner at local restaurant

Free time begins after this dinner

Hotel: Shinjuku Washington Hotel

Website: <https://shinjuku.washington-hotels.jp/>

Address: 2-9 Nishishinjuku 3-chome

Shinjuku-ku, Tokyo 160-8336

Phone: 03-3343-3111



World Heritage Autumn Tour 2023

Customer Itinerary

Sunday, November 19, 2023

Tokyo

Breakfast at hotel restaurant

Full free day to see the city and explore Tokyo!

No guide or bus on this day

Hotel: Shinjuku Washington Hotel

Website: <https://shinjuku.washington-hotels.jp/>

Address: 2-9 Nishishinjuku 3-chome

Shinjuku-ku, Tokyo 160-8336

Phone: 03-3343-3111

Monday, November 20, 2023

Tokyo to Honolulu

Breakfast at hotel restaurant

Free day until departure to airport

Check out of room by 11:00 am but hotel will hold luggage

5:00pm Depart for Haneda Airport in Tokyo

Free time for last-minute shopping at airport

9:55pm Depart from HND, arrive HNL at 9:55 am

Thank you for traveling with HIS Hawaii!

Trip Preparation

Passports and Visas

For passports, please verify expiration dates and proper names. A 90-day visa is granted in Japan for travelers holding valid U.S. passports. For other nationalities or countries you may be visiting after Japan, please check with your local Japanese consulate or other consulate regarding entry documents.

Packing

For items not used during the day's tour, please pack them separately and ask the guide to store them on the bus. See the weather reference at the end of this guide for seasonal suggestions.

Comfortable footwear is suggested.

Personal Items

It is a good idea to have a checklist of personal items to bring so you don't forget critical items such as charging cords, travel documents, or medication.

We suggest packing light and to avoid bringing valuables; neither our tour operator nor hotels will be responsible for lost or stolen items.

Travel Insurance

We encourage all participants to have travel insurance, as many insurance plans have limited overseas coverage. Treatment that you receive abroad will usually be reviewed to determine if it qualifies for coverage.

We are affiliated with the below travel insurance company. If you are interested, please visit their website.

Travel Insurance: Travelex

<https://www.travelexinsurance.com/index.aspx?location=11-6028&go=bp>

Before, During & After Your Flight

Checked luggage

You are allowed two checked bags per passenger; each bag may weigh no more than 50 lbs.

Carry-on luggage

The following rules apply to all liquids, gels, and aerosols to be carried through airport security.

The TSA recommends you remember the following rule: 3-1-1

- Liquids, gels and aerosols must be in 3 oz or smaller containers.
- All liquids must fit in a one quart-sized, zip-top, clear bag.
- Each traveler is allowed 1 small carry-on bag and one personal item (purse, handbag, etc).

Please check in larger amounts of liquids. Over 3oz. of the following are allowed (inform TSA officers first):

- Baby formula/juice for children
- Medications including eye drops and saline for medical purposes.
- Liquids for diabetic passengers
- Liquids purchased after going through security.

General allowance for carry-on luggage is one personal item (i.e. purse or laptop bag) and one piece within 22in.×14in.×9in. Please check the airline's website for the most recent information.

Security Checks

In order to help your trip go smoothly, please consider the following:

- Avoid clothes or accessories that may activate metal detectors.
- Gifts may be opened & examined.
- Please do not put film in checked baggage.
- Place identification tags on bags.

Enjoy your flight

Here are some tips we've put together to help stay comfortable:

- A pillow behind your lower back (below your ribs) eases soreness.
- Stretch periodically.
- Keep feet limber by turning the ankle in a circular pattern. Flexing and extending at the ankle also helps.
- Moisturize your skin. Airplane air is often dry; thin lotions may rub off.
- Bring chewing gum for changes in air pressure.
- Wear loose clothing.
- Avoid alcohol and caffeine to help you sleep.
- Avoid ponytails or other methods of tying up hair.

Local Dos and Don'ts

Restrooms

Restrooms in Japan come in two general varieties: Western and Asian. They are generally very clean, but please be aware of the Asian-style toilet.

Common from France to Japan, the squat or "Eastern toilet," typically consists of a hole in the ground with a footrest on either side. Proponents of this style contend it offers a more natural position, is more hygienic, and uses less water.

Because toilet paper & towels are sometimes not provided in Japan, it is recommended to carry tissues and a handkerchief with you.

Shoes OFF Please

In some Japanese-style ryokan, restaurants, and banquet rooms, it is customary to take off one's shoes before entering. Hence it is important to wear clean socks. To follow this local custom, we suggest wearing shoes which are easy to take off.

****Please do not wear shoes on straw tatami mat floorings****



Onsen (Hot Spring) Etiquette

Before entering the bathhouse, disrobe in the changing room and put your clothes and underwear in the basket. You may bring the supplied small washcloth into the bathhouse.

Once inside, guests are expected to wash their bodies and rinse thoroughly before entering the bath. Bathing stations are equipped with stools, faucets, and toiletries such as soap and shampoo; removable shower heads are available.

The onsen bath is a fun, remarkable, and uniquely Japanese experience. Please help preserve purity of the onsen by taking care not to contaminate the water with soap or with your washcloth; clothes or swimsuits are not permitted in Japanese baths – contamination may be offensive to locals.

Language

Few Japanese people speak fluent English. Many locals will genuinely try to help, but verbal communication may be difficult. If you have trouble, write it down so he or she can read it. Emphasis in schools is on written rather than oral English.

To connect with locals a bit better, try saying some simple Japanese with our “practical phrases” guide.

A pocket phrase book is also a great place to start if you’d like to get more in-depth.

Chopsticks

If you are not familiar with chopsticks, try using them before passing immigration in Japan.

This traditional utensil is still frequently used and learning to use them can make local dining a more fulfilling experience!

While You're There

Currency

Please bring enough cash for conversion into yen for snacks or shopping.

Many vendors only accept cash. Shops which take credit cards will usually accept Visa & MasterCard.

The current exchange rate is roughly 1USD = 140JPY. Exchange for denominations of \$100 USD is available in airports and most hotels. Bring crisp bills as some locations will not change worn currency. For a good exchange rate, direct withdrawal with an ATM debit card is also an option.

International ATMs are available in airports, post offices, and 7-11 convenience stores. Don’t forget to check with your bank for international fees on credit card/ATM usage abroad and to advise your bank of travel plans so they can pre-authorize international transactions.

Shopping

Normal business hours: 10am – 8pm, open on weekends and holidays.

Department stores are closed on one of the weekdays. Specialty shops are closed on Sundays and holidays.

Duty-free shopping: To purchase duty-free items, you’ll need your passport.

You may be exempt from paying the 10% tax sales for certain items at department stores as long as your purchase exceeds 10,800JPY.

Refunds can be claimed at each department store’s sales counter.



Japanese
currency



World Heritage Autumn Tour 2023 *Customer Itinerary*

Meals

A typical amount is about 1,300JPY per person for lunch and 2,000JPY for dinner when planning meals on your own during free time.

If you are vegetarian or prefer not to eat sashimi or eel, please let us know. While we may not be able to accommodate all preferences, we will try our best to fulfill your request. Beverages are at your own expense.

Hotel Amenities, Facilities and Services

Television sets (basic and fee-based channels) and refrigerators are available in most hotel rooms.

In-room safe deposit boxes are also available in some hotels.

Voltage in Japan (100V) is similar to the U.S. (110V), so there is generally no need to bring power adapters.

If in doubt, please check with the device manufacturer. Grounded (three-prong) outlets are not common, so you may need an adapter for such devices (laptop chargers, etc). Please keep in mind other destinations may require adapters if you are traveling after our tour. Tap water is usually drinkable throughout Japan.

Staying Connected

Most hotels offer internet either in-room, kiosks, or both. Fees vary according to the place of stay.

When walking around, public wifi networks are not common, so we recommend carrying and using the WiFi hotspots included with this tour package.

International calling :

- From US to Japan: 011 - 81 - area code minus leading '0' – phone #

example: calling 06-1234-5678 → 011 - 81 - 6 - 1234 - 5678

- From Japan to US: 010 - 1 - area code – phone #

Mobile phones from other countries may not work in Japan; please check with your service provider for details. To stay in touch, your itinerary includes hotel information for each day, and we provide portable WIFI routers.

Tipping

Tipping is not common in Japan. Instead, some restaurants include a service charge in your bill.

When dining, gratuity isn't required.

For your tour guide and driver, while certainly not required or even expected, it can be nice to show your appreciation by tipping your guide 400-600 yen/person/day, and your driver 200-300 yen/person/day.



World Heritage Autumn Tour 2023 Customer Itinerary

Weather

The four seasons of Japan are colorful and dramatically different. It is chilly during spring (Mar, April, May) and fall (Sep., Oct., Nov.); jackets and sweaters are needed. In summer (June, July, August) short-sleeves may be appropriate. For cold winters, warm coats, hats/gloves, etc., are needed, especially in Hokkaido. The temperature gap between day and night can be considerable, so it is advised to keep a jacket handy, even in summer. The following Tokyo weather information is for reference only:

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Avg High (F°)	50	51	56	66	74	78	85	88	81	71	62	54
Avg Low (F°)	35	36	41	50	59	66	73	75	69	58	49	39
Avg Humidity (%)	44	47	54	61	68	74	76	72	71	65	57	48

Numbers

1	2	3	4	5	6	7	8	9	10
一	二	三	四	五	六	七	八	九	十
ichi	ni	san	yon (shi)	go	roku	nana (shichi)	hachi	kyū	jū
0	11	12	20	30	100	1000	10,000	20,000	
0	十一	十二	二十	三十	百	千	万	二万	
zero	jū-ichi	jū-ni	ni-jū	san-jū	hyaku	sen	man	ni-man	

JAPANESE PHRASES

Hello! こんにちは。 (Konnichiwa)	I would like to have the same dish as that. あれと同じ料理をください。 (Areto onaji ryori wo kudasai)	Please let me look at those clothes. あの洋服を見せてください。 (Ano yofuku wo misete kudasai)
I am glad to meet you. 初めましてよろしくお願いします。 (Hajimemashite yoroshiku onegai shimasu)	Do you have dessert? デザートはありますか？ (Dezato wa arimasu-ka)	Can I try it? 試着してもいいですか？ (Shichaku shitemo iidesu-ka?)
Good morning. おはようございます。 (Ohayo gozaimasu)	Do you have beer? ビールはありますか？ (Biru wa arimasu-ka)	The size does not fit me. サイズが合いません。 (Saizu ga aimasen)
Good evening! こんばんは！ (Konbanwa)	This one please. これをください。 (Kore wo kudasai)	Can you measure the size for me? サイズを測ってもらえますか？ (Saizu wo hakatte moraemasu-ka)
Good night! お休みなさい。 (Oyasuminasai)	Please give me a glass of water. お水をください。 (Omizu wo kudasai)	Could you lower the price a bit, please? 安くしてもらえますか？ Yasuku shite moremasu-ka)
See you soon! さようなら。 (Sayonara)	Can I know how much it is? これはいくらですか？ (Kore wa ikuradesu-ka)	Yes. はい。 (Hai)
Where is the restroom? トイレはどこですか？ (Toire wa dokodesu-ka)	Can you write down the price for me? 値段を書いてもらえますか？ (Nedan wo kaite moremasu-ka)	No. いいえ。 (lie)
Is there a seat available? お席はありますか？ (Oseki wa arimasu-ka)	Can you show me anything else? 他のを見せてもらえますか？ (Hoka no wo misete moraemasu-ka)	Excuse me/Pardon me/Sorry. すみません。 (Sumimasen)
Let me look at the menu please. メニューを見せてください。 (Menyu o misete kudasai)	Is there anything less expensive? もっと安いものはありますか？ (Motto yasui mono wa arimasu-ka)	Please (when offering something). どうぞ。 (Dozo)
Is there an English menu? 英語メニューはありますか？ (Eigo no menyu wa arimasu-ka)	Where do I pay? 支払いはどこですか？ (Shiharai wa dokodesu-ka)	Please (making a request). おねがいします。 (Onegai shimasu)
Do you have any recommendations? おすすめはどれですか？ (Osusume wa dore desu-ka)	Can I use my credit card? クレジットカードは使えますか？ (Kurejitto kado wa tsukaemasu-ka)	I would like a (fork, knife, spoon) please? (フォーク、ナイフ、スプーン)をください。 ((Fohku, naifu, supoon) wo kudasai)
What kind of food is this? これはなんの料理ですか？ (Kore wa nanno ryori desu-ka)	Is this duty-free? 免税になりますか？ (Menzei ni narimasu-ka)	Thank you. ありがとうございます。 (Arigatou gozaimasu)



Honolulu Airport Meeting Place

Please meet our staff at the JAPAN AIRLINES international check-in counter located in Lobby 5.

